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BY BIKE THROUGH THE PEARLS OF THE SOUTH.

Day 1: Krakow and its surroundings. Arrival in Krakow. Meeting with the guide and start with a "warm-up" tour of Krakow by bike - we go to the center, then a trip to Tyniec along the Vistula River. The route runs along a specially prepared bicycle route, running along the Vistula flood embankments. An unquestionable advantage of this path is its attractive location. On one side, we are constantly accompanied by a beautiful view of the Wolski Forest and the Monastery of oo. Camaldolese and the Faculty of Polish Studies of the Jagiellonian University, on the other, you can see the towns of Bodzów and Kostrze near Krakow. Visit to the monastery. Return to Krakow for the night.



Dinner at the hotel or in a traditional restaurant.

Day 2 - Krakow - Ojców - Prądnik Valley - Pieskowa Skała and Kluczwody Valley - Krakow.

Breakfast at the hotel. On this day, we will admire the beauty of the nature of Dolinki Podkrakowskie. These are very attractive areas for cyclists. On this day, we will get to know the Ojców National Park - the smallest National Park in Poland. The route has several steep climbs, but the beautiful views compensate for these difficulties in 100%. For the less advanced, I recommend only the upper section of the map, starting from the Prądnik Valley,



then left along the yellow trail to Poręba, Saspów (there we are a bit uphill), then a descent towards Pieskowa Skała, a view of the castle, Mace of Hercules and return to Ojców. By far the most beautiful section of this route leads through the Prądnik Valley, which is the longest of the surrounding valleys - it is 15 km long, and is considered one of the most beautiful Polish valleys.

Dinner at the hotel or in a traditional restaurant.

Day 3 - Krakow - Ząb - Zakopane - 25 km

Breakfast at the hotel. Then a bus ride with bicycles to Podhale, to the highest situated village in Poland, Ząb. From there, we ride our bikes to the edge of the Gubałówka massif, admiring the Tatra Mountains. Then, go down the picturesque route to the village of Biały Dunajec, along the Biały Dunajec stream to Poronin, and further - through Harenda or Olcza, we reach the Białego Valley in Zakopane, dinner and overnight stay. Possibility of bathing in thermal pools, e.g. in Szaflary or the next day in Chochółów (additional fee) or free time in Zakopane.



Day 4: Zakopane - Nowy Targ (52 km, including a lot downhill)

We take the cable car back to the ridge of Gubałówka with the bicycles. Then only downhill, through the long Podhale village of Dzianisz to Chochółów. On the one hand, it is a wooden "living open-air museum", but recently - also a great place for a bath (thermal pools). Then a real bike paradise! A brand new bicycle route, built on the track of the former railway, runs through narrow highland meadows, forests and peat bogs - partly through Slovakia. Its numerous branches allow you to diversify the stage. Then the sanctuary in Ludźmierz and on the very bank of the Dunajec River we reach Nowy Targ for the dinner and overnight.

Day 5: Nowy Targ - Niedzica / Czorsztyn 30 - 44 km

From Nowy Targ, along the Dunajec, we go - again along new roads along the river itself - to Łopuszna and Dębno, with an ancient wooden church. Then it is worth turning south, into the valley of Białka - a large mountain river that feeds the Dunajec. Here we admire its peculiar gorge at Nowa Biała. From then on, we are in the Polish Spisz, a former part of great Hungary, a land with a rich history and specific folklore, different from the



Podhale region. On the shores of Lake Czorsztyn we reach Niedzica or Czorsztyn, where we stay for another night near two castles. In the afternoon, you can sunbathe on the Lagoon or go to the nearby Kacwin (Spiš village with original old architecture, vividly resembling villages in Hungary) located by a stream. Dinner and overnight in Niedzica or Czorsztyn.

Day 6: Niedzica / Czorsztyn - Szczawnica approx. 30 km

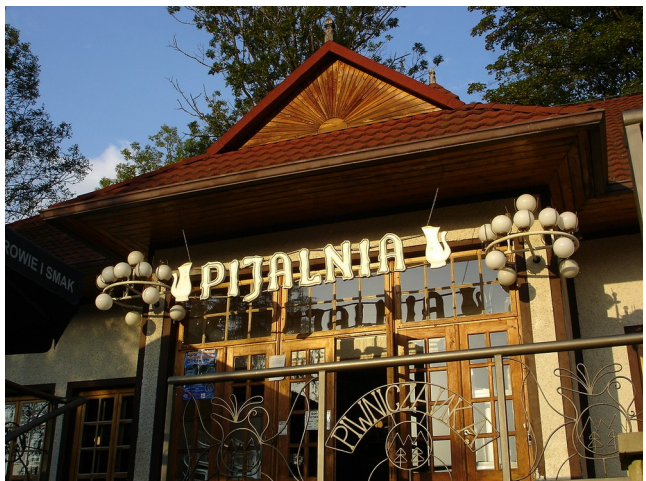
We go along the bank to Sromowce Niżne, where we stop at the information pavilion of the Pieniny National Park. There, we admire the view of Trzy Korony, and in the pavilion - a plastic model of mountain ranges and valleys. We cross the Slovak river bank to the Red Monastery and follow the Pieniny road into the deep Dunajec gorge.



The most interesting part of the route begins here - the Pienińska Road, accessible only to pedestrians and bicycles. Riding just above the waves of foamed water, seeing steep limestone rocks with clusters of strange plants around, we move for a few hours to a completely different reality. We greet tourists in rafts, having the advantage over them that we can stop and take photos at any time. Here we change bikes for a bus, which we take to Sromowce Niżne and there we change to rafts, we sail to Szczawnica admiring the Dunajec River Gorge and the Pieniny National Park. Late noon free time. Dinner and overnight in Szczawnica.

Day 7: Szczawnica - Rytro / Piwniczna 55 - 60 km

The slightly longer one leads through the so-called the green gorge of the Dunajec where the river cuts between the Beskid Sądecki and the Lubania range. Although there are no rocky walls, the beech-covered slopes are equally impressive. On the left and right bank of the river, we pass paths among the flowery cottages of the villages of Tylmanowa and Zabrzeż. We admire old barns, granaries and henhouses. Near Łącko, in the land of Śliwowica, we are welcomed by vast orchards and again - fantastic bicycle paths, an impressive bicycle bridge, elegant places to rest and picnic. In Gołkowice we say goodbye to the Dunajec River and the spectacular driveway in Skrudzin, or "flat" through Stary Sącz we go up the Poprad valley. Accommodation in Rytro - an old knight's village at the foot of the



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castle ruins or a bit further - in Piwniczna. Dinner and overnight. For those willing, if time permits, a walk around the Spa Park in Piwniczna.

Day 8: Rytro / Piwniczna - Nowy Sącz 25-35 km

After breakfast, we still have the entire morning to explore the Poprad valley. It is worth going up the river, drinking mineral waters. Another stop in Stary Sącz, one of the most beautiful towns in Małopolska. The last section leads through a beautiful footbridge for cyclists over the Poprad River and a bicycle path on the riverside embankment to Nowy Sącz. We stop there for lunch (include). At 3 pm departure by bus to Krakow. We arrive in Krakow around 17-18). Transfer to the bus or train station. End of services.



OFFER VALID FROM JUNE – AUGUST 2021

Price per person in twin / dbl room:

minimum 10 participants: 1 260 euro

minimum 15 participants: 1 085 euro

- sgl supplement: 250 euro

- supplement for bathing in thermal pools: 20 euro

Include in the price:

1. Accommodation with breakfast:

- 2 nights in Kraków in 4* hotel
- 1 night in Zakopane in 4* hotel
- 1 night in Nowy Targ in 3* or 4* hotel
- 1 night in Niedzica / Czorsztyn in 3* or 4* hotel
- 1 night in Szczawnica in 4* hotel
- 1 night in Piwniczna / Rytro – 3* or 4* hotel

2. Meals

- 7 dinners : 3 course menu (soup or salad, main dish, dessert, water),
- 1 lunch in last day.

3. Guide and entrances.

- Guide with bicycle accompany from day1 till day 8.
- the cost of renting a bicycle
- Entrance fees: Kraków – visit in Mariacki Church and Wawel Cathedral, Visit in Tyniec Abbey, cable car to the Mount Gubałówka, rafting on Dunajec River.

4. Transport:

Transport by Sprinter (with 20 seats) with a trailer for bicycles form day 1 till day 8.

Not include in the price:

- lunch – except last day
- travel insurance and bicycle insurance
- transport costs / fly tickets
- drinks during dinner except water.
- tips for guide and driver
- cost of the bicycle service during the trip – more information on request